

# Ephesians 6

- Children, obey your parents in the Lord: for this is right. *point like mother telling child*
- Honour thy father and mother; (which is the first commandment with promise); *hands from mouth to hearer*
- that it may be well with thee, and thou mayest live long on the earth. *happy hands in the air*
- And, ye fathers, provoke not your children to wrath: but bring them up in the nurture and admonition of the Lord. *shake head*
- Servants, be obedient to them that are your masters according to the flesh, with fear and trembling, in singleness of your heart, as unto Christ; *shake fists*
- not with eyeservice, as menpleasers; but as the servants of Christ, doing the will of God from the heart; *bound wrists*
- with good will doing service, as to the Lord, and not to men; *bow or curtsy*
- knowing that whatsoever good thing any man doeth, the same shall he receive of the Lord, whether he be bond or free. *point to heart*
- And, ye masters, do the same things unto them, forbearing threatening: knowing that your Master also is in heaven; neither is there respect of persons with him. *look through telescope hands*
- Finally, my brethren, be strong in the Lord, and in the power of his might. *swing fist heartily*
- Put on the whole armour of God, that ye may be able to stand against the wiles of the devil. *point up*
- For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places. *hands up, pull down, receive gift*
- Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand. *gather the whole armour to self*
- Stand therefore, having your loins girt about with truth, and having on the breastplate of righteousness; *sun going down motion*
- and your feet shod with the preparation of the gospel of peace; *best*
- above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked. *gather the whole armour to self*
- And take the helmet of salvation, and the sword of the Spirit, which is the word of God: *put shoes on*
- praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints; *hands out, offering to all*
- and for me, that utterance may be given unto me, that I may open my mouth boldly, to make known the mystery of the gospel, *hold shield (LH)*
- for which I am an ambassador in bonds: that therein I may speak boldly, as I ought to speak. *hands like pulling a string tight in front of mouth*
- But that ye also may know my affairs, and how I do, Tychicus, a beloved brother and faithful minister in the Lord, shall make known to you all things: *pause & blow out candle*
- whom I have sent unto you for the same purpose, that ye might know our affairs, and that he might comfort your hearts. *hands put on "helmet"*
- Peace be to the brethren, and love with faith, from God the Father and the Lord Jesus Christ. *raise up "sword"/arm.*
- Grace be with all them that love our Lord Jesus Christ in sincerity. Amen. *open Bible hands*

shake fists  
bound wrists

bow or curtsy

grat (imaginary) by the chapel & shake

partner up!

principalities: hold one hand flat in front of chest. powers: other hand higher - rulers: now other hand higher, etc! (4 levels)